

Ottery St Mary



food & families festival

14 September 2024

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WELCOME

Welcome to another edition of the Ottery St Mary Food and Families Festival. It gives me huge pleasure to announce the 10th anniversary year of what started off as something very small and contained in the centre of Ottery and has now become a fully-fledged all-day event in the grounds of our wonderful headline sponsor Otter Garden Centre.

This event is not just a one-day food festival but it also kicks off a whole nine days of food festivities throughout the district under the banner of Taste East Devon. For more details on all the events go to the Taste East Devon website.

We hope you have a fantastic day and may the sun shine!

Ruud Jansen Venneboer



FRONT COVER

WINNER

Our front cover was
designed by
Rose Connolly,
art student at
The King's School.

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ABOUT THE FESTIVAL

The Ottery St Mary Food & Families Festival is a free event, organised by a group of volunteers who are enthusiastic about local food and drink. Driven by a passion for local food and talent, this event showcases our wonderful local produce, growers, makers and chefs.

As a not-for-profit organisation, our key aim is to increase local and regional awareness of Ottery St Mary as a destination for all things food and drink related. A place for growing, shopping and eating out. The festival is the first in a series of Taste East Devon events so there is more food fun to be had after this one!

The festival aims to:

- Provide a great day out. Each year we welcome more people.
- Involve local groups, charities & schools to help raise awareness of good, healthy, locally produced products, allowing them to raise their profile and much-needed funds.

We have worked hard to put together a varied and interesting programme with fun and interactive events to suit everyone and every taste. One thing for sure is that there will be no shortage of wonderful food and delicious drinks available throughout the day.

Cheers / Proost / Prost / Santé / Sláinte

The Ottery St Mary Food & Families Festival Team

 **gilbertstephens**^{LLP}
SOLICITORS

East Devon Legal Hub



Visit our East Devon Legal Hub @
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VISITING THE FESTIVAL

• PUBLIC TRANSPORT FREE!

The festival is being held in a field next to the Otter Garden Centre. Free shuttle buses will be running on a continuous loop running every 10/15 minutes running from outside the Silver Otter on Silver Street (near the library). The Festival opens at 10:00 so buses will be running from 09:30.

You can also hop on the number 4/4a Stagecoach Bus and visitors from Honiton, Gittisham, West Hill, Kings Reach etc will find this the easiest way to get to the Festival. Or, if not on the bus route, please park in the town centre (there are a couple of Council car parks) and catch the shuttle bus.

Please do not drive to the Festival as parking is limited.

Thanks to Ottery St Mary Town Council for their continued support with a grant to pay for the shuttle buses.

• ACCESSIBILITY

The Festival takes place in a flat field, suitable for people with limited mobility, i.e. wheelchairs and mobility scooters. There will be toilets for people with limited mobility, as well as preferred parking spaces for people with a blue card. From a food & drink point of view, the Festival will cater for most needs, but please check with the organisers, either in advance or on the day, if you have any questions.

• MONEY

Please note that there is no cash machine on the site, and not all traders take card payments therefore please ensure that you come appropriately supplied with cash – there is a cash machine at the Sainsbury's in town.



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• TOILETS

These are on the edges of the site, sign posted and also marked on the map. Accessible toilets are provided.

• EMERGENCIES


In the event of an emergency, please stay calm and follow instructions from the Festival Stewards or any emergency services involved. An experienced First Responder will be on site.

• LOST CHILDREN

Children remain the responsibility of their adults at all times. If you become separated from your child please inform a steward who will help you.

• DOGS

Dogs on leads are welcome. Please, of course, pick up after your dog, bag and bin.



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A map showing the site layout is in the centre of the programme. ►



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CORE VALUES

THE FESTIVAL HAS 4 CORE VALUES

- 1** We are a food festival providing a quality event for local families.
- 2** We are free at the point of take up - free entry, free transport and lots of free family activities - so that all of our local residents can join in.
- 3** We support the local community by promoting local traders, chefs, entertainment and donating any profit the event creates to local groups. The last festival had over 95% of traders from East Devon so keeping money circulating in the local economy. We also have the Ottery Avenue of local charities and non food businesses to represent what is going on in the town.
- 4** We have a strong focus on sustainability using local producers to reduce food miles, promoting sustainable transport with our free shuttle bus and bike racks and keeping waste to a minimum. We are a single use plastic free event and encourage festival goers to bring their own reusable cups and pint glasses or to buy a souvenir Tar Barrels cup from the bar to support another great local event. We work with Devon Contract Waste, Otter Nurseries, East Devon District Council and Suez to ensure that everything that can be recycled is including any food waste. Any reusable food from traders will be donated to Ottery Larder. We aim to have zero waste. Please help us to achieve this by putting your waste in the correct bins.

These 4 principles drive all the decisions made by the committee in creating the best possible event for the community and the planet



We are a local charity offering a wide range of services and volunteering opportunities across the Ottery and District area. Please give us a ring to find out more or pop in to our office. We look forward to meeting you!

01404 813041

11 Silver Street, OSM

www.otteryhelpscheme.org.uk

ENTERTAINMENT ON THE MAIN STAGE

- **09:30 The Ottery St Mary Silver Band**
will play near the entrance to welcome visitors.
- **10:00** Official Opening and Announcements
- **10:30 The Ottery St Mary Silver Band**
will play near the entrance to welcome visitors.
- **11:30 Line Dancing**
Line Dancing, Suitable for all ages and ideal for first timers.
- **13:00 La-la choir**
Popular Community choir with a local base - pop, rock, soul, swing and more!
- **14:30 JW Dance**
Devon based dance school with a friendly, inclusive ethos.
- **15:30 Wonky Buzzard**
60s and 70s hits plus a few originals.
- **17:00 Just Liv and Bob**
This duo plays classics from Amy Winehouse to blues and soul and are a guaranteed feast for the ears.
- **18:30 The Upper Hand**
Devon based indie rock band
Recently crowned 'Devon's Best New Artist 2023/24'

* Times and performers correct at time of going to press but may be subject to alteration before the event.



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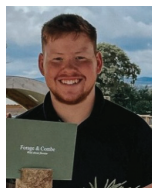
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EVENTS - IN THE CHEFS' DEMO MARQUEE

Sponsored by THE PIG at Combe

Foodie Demos at the Festival

There will be two separate demo areas at the 2024 Festival. The main one is the larger marquee where some 6 different chefs will be showing you their tricks of the trade. A second marquee will be hosting more 'hands on demo's', allowing you to get your hands dirty.



• Ethan Clarke

Ethan has worked in hospitality since he was 12! Some of you may remember Ethan on the Food & Families stage in 2017, when, as a teenager, he stole the show with a great and confident foodie demo. Seven years later, Ethan runs the Fish Counter at Greendale Farm shop, as well as Forage & Combe (forageandcombe.co.uk), with his girlfriend Sophia. Unsurprisingly, Ethan will be demoing a fish dish, of course using some of Forage & Combe's oils and salts.



• Tom Chivers - Darts Farm

Tom is Head Chef at the very popular 'Farm Table Restaurant' at Darts Farm. Tom's demo is called 'From Farm to Table' and will inform the audience 'How to eat with the seasons', elevating your veg & eating with purpose.



• Rob Neil - The Pig at Combe

Rob's culinary journey began at The Swan Hotel in his hometown of Bedford. What followed were spells aboard the magnificent Queen Mary 2, then to Gordon Ramsay's Maze. Following his time at Maze, he seized an opportunity to work at Smiths of Smithfield in London. In 2008, he became Head Chef at Chigwell Golf Course. Next came a spell Ziloufs and The Riding House Café in Fitzrovia. In 2019 Rob made a significant move to THE PIG-at Combe "What I truly love about working at THE PIG-at Combe is the intimate relationship with the Kitchen Garden. Witnessing the changing seasons and the arrival of new ingredients brings me great joy". Rob's culinary journey has been one filled with passion, growth, and diverse experiences. From his early days watching his mother bake cakes to his exciting new role.



EVENTS - IN THE COOKERY WORKSHOP

Sponsored by King's Manor

THERE WILL BE A VARIETY OF ACTIVITIES, TO INCLUDE:



• Pierre Graeber

Pierre, well known from Pierre's Café in Gittisham and Zero Waste Cookery, will demonstrate how to cook a tasty meal with leftovers and ingredients from the back of your storage cupboards [instagram.com/zerowastecookery](https://www.instagram.com/zerowastecookery)



• Mina - Kushi Kitchen

Mina, who runs a cookery school in Kilmington, will demonstrate some of her authentic Gujarati cooking, sampling some of her bigger session run as part of Taste East Devon Festival in September www.khushi.kitchen



• Phil David - Darts Farm

well known Darts Farm butcher Phil David will be showing some of his butchering skills, prepping some of the meat to be used by Darts Farm Chef Tom Walker in his Cookery Demo in the main marquee later

• Sophie and Steve - The Pig at Combe

An introduction to bee keeping.

• Lyme Bay Winery

wine tasting with a professional from Lyme Bay Winery



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King's Manor Care Home, Pavey Run, Ottery St Mary, Devon, EX11 1FQ
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WELLBEING

The Wellbeing Tent

Back for its second year and sponsored by Ottery Osteo & Physio, the Wellbeing Tent will be offering demos, taster classes, talks, products and therapies. Come along and listen to our experts, enjoy a yoga or Move It or Lose It class, relax with some massage, chat to our product specialists or try some aerial yoga!

10-10:30	Revive Yoga (gentle) with Sarah Thackeray (Class)
10:30-11:30	Wellbeing Session: The Pig Potting Shed Spa, Weleda, Revive Massage, Aloe products, Ayurvedic Massage. Browse, have a hand/arm massage and meet our therapists, providers & presenters.
11:30-12:00	TENT SPONSOR: Ottery Osteo and Physio (Talk/Demo)
12:10-12:40	Project Food with Kerry Morgan (Talk)
12:40-13:40	Wellbeing Session: The Pig Potting Shed Spa, Weleda, Revive Massage, Aloe products, Ayurvedic Massage. Browse, have a hand/arm massage and meet our therapists, providers & presenters.
13:50-14:20	Flourish Kids' Yoga with Claire Gunningham (Class)
14:30-15:00	Your Super Power with Andie Stansall from AS Fit (Talk)
15:10-15:40	Trapeze Yoga with Christine Strain from Hot Yoga in the Cabin (Demo)
15:50-16:20	Move It or Lose It with Genevieve (Class)
16:30-17:00	Yoga with Saghar (Class)

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CHILDREN'S AREA

- Alan Bruford has been involved in running outdoor experiences for young people and their families for many years. Come and join him around the fire for forest school activities for all ages.
- Drama Tots will be back with free mini-sessions for 18 month old to 5 year olds. Come along to dance, sing and role play; a whole world of adventure with your little ones. See why they have been voted 'Most Loved Childrens' Activity by What's On 4 Kids.. Follow the bubbles!
- Football Fun Factory will be joining us with their inflatable fun football equipment for us all to enjoy.
- Ottery St Mary Library are a huge part of our community and they will be at the festival with fun activities for the children to join in with.
- Graham from The06 which is the popular youth club run from The Station in Ottery St Mary will be organising some games at activities for young people.
- JW Dance will have their Acro equipment for free mini acro and dance sessions, as well as their dancers performing later in the day!
- Little Muddy Boots was established in 2014 to enable more kids to connect with nature, in a safe and stimulating outdoor environment. For the last 6 years, we have been running successful classes that help children learn more about the natural world, from the plants they can grow to the wildlife that is on our doorsteps. Sophie from little muddy boots Exeter will be running craft sessions throughout the day.



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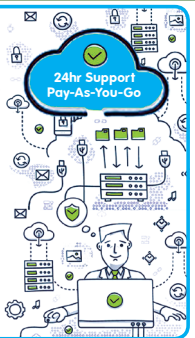
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OTTERY AVENUE

Ottery Avenue is a celebration of all the many amazing local voluntary organisations, shops and other groups that we have in Ottery St Mary.

This year, we have a small but perfectly formed group in attendance, but know that there are many others out there that would have loved to have been here - if you are interested in having a space next year, please do get in touch with Emma (otteryfood.traders@gmail.com).

Devon Eco Boutique – An eco-friendly gift shop for 0-6 years, also selling home & gift boxes in store (Ottery) and online. <https://devonecoboutique.co.uk/>

Hall and Scott – Local estate agent for selling, buying and letting. <https://hallandscott.co.uk/>

Hospiscare – Caring for those with life limiting illness. <https://www.hospiscare.co.uk/>

In My Backyard – Local regenerative farming – what it means to our farmers, to our organisation and to our customers. <https://inmybackyard.co/>

Ottery Community Volunteers – A local voluntary organisation running the Ottery Larder. <https://www.otterylarder.co.uk/>

Ottery Library – A friendly, welcoming library set in the heart of the community, and offering a range of services. <https://www.devonlibraries.org.uk/web/arena/otterystmarylibrary>

Ottery St Mary Parish Church – Our town's parish church and part of the Otter Vale Mission Community. www.otterystmary.org.uk

Ottery Tae Kwon Do – Martial arts and lifestyle coaching. <https://www.taylortkd.co.uk/>

Ottery Travel – Ottery's independent travel agent. <https://www.otterytravel.co.uk/>

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MARKET TRADERS 2024

We have worked hard to put together a varied and high quality food and drink market for you. You'll see many familiar and popular faces, plus a few interesting new ones!

The Market runs from 10:00 until 18:00 (but remember some will run out well before the end).

The judging of the Market stall will once again be undertaken by Sarah Agg-Manning, with Tony and Brenda Rhodes, to see which stall will win the coveted Agg-Manning Cup, named in honour of the late Nick Agg-Manning who was such a great supporter of the Ottery St Mary Food & Families Festival from the very beginning.

- **Barbuoy** - Bottled and canned cocktails. www.barbuoy.co.uk
- **Bard's Bees** - Look out for a range of honey and bee related products.
- **Buckfast Farm Shop** - Fruit and vegetables, preservatives. <https://www.facebook.com/allseasonsfruitandveg>
- **Crumb Coat Bakery** - This local company sells a range of cakes, traybakes, brownies and cupcakes. <https://m.facebook.com/103063695880195/>
- **Curworthy Cheese** - Artisan soft & hard Cheeses. <https://www.facebook.com/curworthycheese>
- **Devon Rum Company** - Award-winning range of artisan Golden, Spiced and Flavoured Rums. <https://www.facebook.com/DevonRumCo>
- **Ebb Tides Seaweeds** - Hand-harvested varieties of seaweed including Dulse, Kelp, Sargassum & Laver to be used in everyday cooking. <https://www.ebbtides.co.uk/>
- **Exe Chocolate** - 'Sustainably sourced chocolate crafted by hand in a one-woman tiny chocolate factory in Exeter with outstanding flavour that is true to the bean. www.exechocolate.com
- **Flavour Burst Devon** - Our own made chutneys and bought in specialist honeys. <https://www.facebook.com/FlavourBurstDevon>
- **Forage and Combe** - Oils and salts flavoured by locally foraged herbs; Winners of Best Market Stand in 2022. <https://forageandcombe.co.uk/>
- **Good Game Charcuterie** - Charcuterie, Biltong, Meaty Jams & Sauces. www.good-game.co.uk
- **Homemade Bake** - Macaron, traybakes & cakes with some vegan, dairy and Gluten Free options. www.homemeadbake.com

MARKET TRADERS 2024

- **Karen's Cakes** - Quality handmade cakes, tarts, brownies, slices & cheesecakes. <https://www.facebook.com/karenscakesdevon>
- **Partridge Hill Farm** - Free Range Christmas Turkeys. partridgehill.co.uk
- **Pipers Farm** - Grass Fed Meat, Pantry Items, Online orders for our ranges. <https://www.facebook.com/pipersfarm>
- **Rabbit & Co** - Ottery's local greengrocer selling fresh produce, locally made bread and the finest British cheeses. www.rabbitandco.uk
- **Roly's Fudge Exmouth** - All things fudge in boxes and gift bags. www.rolysfudge.co.uk
- **Rull Orchard** - Pomological, Starlight and Autumn Unwrapped - all new types of drinks to try! <https://www.facebook.com/RullOrchard>
- **The Fudge Fairy** - Homemade Artisan Fudge in a variety of flavours including Vegan & Gluten Free in recyclable cellophane bags. <https://www.facebook.com/profile.php?id=100092516434747>
- **Venton's Cyder** - A range of traditional and fruit farmhouse ciders sold in bot-tles, pouches, gift packs and cartons. <https://www.facebook.com/VentonsDevonCyder>



HOT FOOD 2024

We have 14 wonderful outlets to keep you fed and watered throughout the day.

- **Amazing Grazing** - Lamb, Pulled Pork & Halloumi Burgers. <https://amazinggrazing.uk/>
- **Barnova** – Have bar, will travel. Gin, cocktails, fizz and more – event bar and zero bar. <https://www.facebook.com/barnovaevents>
- **Crepes a Porter** - Sweet and savoury French crêpes. www.crepes-a-porter.com
- **Devon Braai BBQ & Protea** - Durban Curry on BBQ. <https://www.facebook.com/devonbraaifire>
- **Good Game Grill** - Good Game Devon Burgers with homemade sales and sauces. www.good-game.co.uk
- **Greendale Farm Shop** - Bacon, Sausage & Brisket baps. greendale.com
- **Mary's Syrian Kitchen** - Syrian food from the heart of Ottery. Chicken shawar-ma wraps, falafel wraps and baklava <https://www.facebook.com/profile.php?id=100061062134596>
- **Pizza Buona** - Delicious wood-fired pizzas. <https://www.pizzabuona.co.uk>
- **Taste of Sidmouth** - delicious homemade gelato, developed on the premises by a passionate team of Sidmouth locals. <https://www.tasteofsidmouth.co.uk/>
- **Thai Food to Go** – Authentic Thai cuisine. <https://www.facebook.com/ThaiFoodToGoUK>
- **The Churros Company** – Churros and chocolate – a lovely Spanish combination made in Devon from local ingredients. www.thechurroscompany.com
- **The Devon Coffee Cart** - Speciality coffee, hot drinks, soft drinks, cakes, sandwiches and pastries. <https://www.instagram.com/thedevoncoffeecart>
- **The Gullible Manor** - Freshly baked Gluten Free Baguettes with homemade coleslaw and salad. <https://www.facebook.com/theguildablemanor>
- **Wavi Coffee** – An artisan coffee van serving organic coffee plus allergy friendly and vegan bakes. <https://www.instagram.com/wavi.coffee/>

**** Please note; This list is correct at the time of going to print but some changes may have happened since.**



ACKNOWLEDGEMENTS

This festival would not be possible without the amazing sponsorship we've had from

Otter Garden Centre – Headline sponsor

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And many thanks to Ottery St Mary Town Council for their ongoing support and East Devon National Landscape for their grant

And especially the hardworking Ottery St Mary Food & Families Festival Committee:

Victoria Robinson – Chair and event manager

Kathryn Mansell - Treasurer and MIC

Hannah Smart - Secretary and Volunteer Coordinator

Emma Donovan – Market traders and Ottery Avenue

Ruud Jansen Veenboer – Chef and workshop organiser

John Giblin – Ottery Garden Centre and site logistics

David Knox – Entertainment and Battle of the Bands guru

Genevieve Kate Temple – Fitness and Wellbeing

Jo Wilson - Kids Area

Thanks again to the Brooklands Events team for providing the infrastructure and advice es-sential to the smooth running of the festival.

And, of course, thanks to you all, our lovely visitors. Thank you for coming and we are sure you will enjoy yourselves at our FREE Festival.



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